## Speed, Distance and Time

## The Rules:

1. Learn the formula triangle



2. Find a value by covering it up and carrying out the remaining calculation:

**D**istance



= Speed x Time

Speed



= Distance ÷ Time

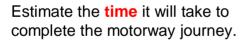
Time



= Distance ÷ Speed

## Example:

The **distance** between Coventry and Bristol is **100** miles and the motorway **speed** limit is **70** miles per hour (mph).





= Distance ÷ Speed

= 100 ÷ 70

= **1.43** hours

To covert the .43 of an hour to minutes multiply by 60 (minutes)

**= 1hr 26mins** 

- **3.** The units that go into the triangle must be the units that come out of the triangle (unless requested otherwise):
- Distance in miles and Speed in mph must equal Time in hours
- Distance in km and Speed in km/h must equal Time in hours
- Distance in m and Speed in m/min must equal Time in mins
- Distance in cm and Speed in cm/s must equal Time in secs